**National Mentoring Resource Center (NMRC)**

**Measurement Guidance Toolkit**

**Ready-to-Use Measures**

**DOMAIN:** Mentoring Relationship Quality

**MEASURE:** Youth-Report Measure of Growth/Goal Focus in Youth Mentoring Relationships

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | Very False | Mostly False | Mostly True | Very True |
| 1. My mentor and I talk together about how to solve problems. | □  1 | □  2 | □  3 | □  4 |
| 2. My mentor and I spend time working on how I can improve as a person. | □  1 | □  2 | □  3 | □  4 |
| 3. Learning new things together is an important part of our relationship. | □  1 | □  2 | □  3 | □  4 |
| 4. My mentor helps me to set and reach goals. | □  1 | □  2 | □  3 | □  4 |
| 5. My mentor and I work on projects together. | □  1 | □  2 | □  3 | □  4 |
| 6. My mentor and I accomplish a lot of things together. | □  1 | □  2 | □  3 | □  4 |